

Aquatic Center Schedule: August & September 2009

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 AM	Pool Maintenance ^	Closed ^	Closed ^	Closed ^	Closed ^	Closed ^	Closed ^
7:30 AM							
		Cont. Ed. v	Cont. Ed. v	Cont. Ed. v	Cont. Ed. v		
8:00 AM		Pool Mem/Lap 	Pool Mem/Lap 	Pool Mem/Lap 	Pool Mem/Lap 		
8:30 AM							
	Pool Maintenance v	v	v	v	v		
9:00 AM	Reserved For CE	Reserved For CE	Reserved For CE	Reserved For CE	Special Ed. ^		
9:30 AM	Class ^	Class 	Class 	Class 			
10:00 AM		Special Ed. ^			^		
			v	v			
10:30 AM	Rec Dept Aerobic's ^		Rec Dept Aerobic's ^	Rec Dept Aerobic's ^			
11:00 AM		CE 					
		v	v	v			
11:30 AM							
		v	v	v	v		
12:00 PM	Cont. Ed. Pool Mem/Lap	Cont. Ed. Pool Mem/Lap	Cont. Ed. Pool Mem/Lap	Cont. Ed. Pool Mem/Lap		v	v
					Closed	Closed	Closed

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:30 PM	↓	↓	↓	↓	Closed ↑	Closed ↑	Closed ↑
1:00 PM	HYPER Lifeguard Class	HYPER Lifeguard Class	HYPER Lifeguard Class	HYPER Lifeguard Class	↓	↓	↓
1:30 PM	↑ ↓ ↓	↑ ↓ ↓	↑ ↓ ↓	↑ ↓ ↓	↓	↓	↓
2:00 PM	SGC Open Swim Students	SGC Open Swim Students	SGC Open Swim Students	SGC Open Swim Students	↓	↑	↓
2:30 PM	↑ ↓ ↓	↑ ↓ ↓	↑ ↓ ↓	↑ ↓ ↓	↓	↓	↓
3:00 PM	↓ ↓ ↓	↓ ↓ ↓	↓ ↓ ↓	↓ ↓ ↓	↓	↓	↓
3:30 PM	↓ ↓ ↓	↓ ↓ ↓	↓ ↓ ↓	↓ ↓ ↓	↓	↓	↓
4:00 PM	Stroke Class ↑	Reserved For CE ↓	Stroke Class ↑	Reserved For CE ↓	↓	↓ ↓	↓
4:30 PM	↓ ↓ ↓	↓ ↓ ↓	↓ ↓ ↓	↓ ↓ ↓	↓	↓	↓
5:00 PM	Reserved For CE ↓	↓ ↓ ↓	Reserved For CE ↓	↓ ↓ ↓	↓	↓	↓
5:30 PM	↓ ↓ ↓	↓ ↓ ↓	↓ ↓ ↓	↓ ↓ ↓	↓	↓	↓
6:00 PM	Cont. Ed. Pool Mem/Lap ↓	Cont. Ed. Pool Mem/Lap ↓	Cont. Ed. Pool Mem/Lap ↓	Cont. Ed. Pool Mem/Lap ↓	↓ Closed	↓ Closed	↓ Closed

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30 PM	Cont. Ed. Pool Mem/Lap 	Cont. Ed. Pool Mem/Lap 	Cont Ed Pool Mem/Lap 	Cont. Ed. Pool Mem/Lap 	Closed ^ 	Closed ^ 	Closed ^
7:00 PM							
7:30 PM	 v	 v	 v	 v			
8:00 PM	Closed ^ v	Closed ^ v	Closed ^ v	Closed ^ v	 v Closed	 v Closed	 v Closed

Douglas Parks and Recreation Dept
Aerobics

Session III
Aug 3-Sept 24 (skipping Sept 7)
Monday-Wednesday-Thursday
10:30am-11:30am

Session IV
Sept28-Nov 18
Monday-Wednesday-Thursday
10:30am-11:30am

Coffee High Special Services

Tuesdays 10am-11am and Fridays 9am-12pm
Beginning Aug 18 - Dec 4

Stroke Class

Monday-Wednesday
Aug 17-Sept 14 (skipping Sept 7)